

ALLERGEN INFORMATION

Please be advised that our products may contain traces of allergens or gluten due to cross contamination during store operation.

We cannot 100% guarantee that our products are allergen or gluten free.

Customers are recommended to check with our friendly staff if there is any uncertainty on the above issues. Please understand that Seoul Garden will not be liable for any adverse reaction to our products.



GLUTEN EDEF



CONTAINS NUTS



CONTAINS SHELLFISH



CONTAIN



HALAL

BEEF	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Angus Tomahawk Tender, buttery flavoured beef	•	×	×	×	•
Angus Scotch Fillet Tender, rich, meaty flavoured beef	•	×	×	×	•
Angus Rib Eye Cap Juicy and tender beef	•	×	×	×	•
Angus Oyster Blade Beef shoulder, lean and flavourful	•	×	×	×	•
Angus Chuck Flap Flavourful and finely textured beef	•	×	×	×	•
Angus Flank Steak Lean with intense meaty flavoured beef	•	×	×	×	•
Angus Brisket Savoury and full-bodied	•	×	×	×	•
Wagyu Oyster Blade Beef shoulder, lean and flavourful	•	×	×	×	•
Wagyu Rib Finger Intercostal cut that is buttery, juicy and tender	•	×	×	×	•
Wagyu Karubi Boneless short rib, tender and juicy	•	×	×	×	•
Wagyu Brisket Rich and buttery texture	•	×	×	×	•
Wagyu Deckle Highly marbled, flavoured cut from between the brisket and ribs	•	×	×	×	•
Wagyu Chuck Eye Roll Heavily marbled, extremely tender and juicy	×	×	×	×	•
LA Galbi Korean style marinated beef short rib with garlic soy	×	×	×	×	•
Beef Bulgogi Soy garlic marinated beef	×	×	×	×	X

BEEF	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Ox Tongue Mild fatty flavour	•	×	×	×	•
Rib Blade Tender cut, lean and meaty	•	×	×	×	⊘
Tri Tip Cut from the bottom of the sirloin, meaty and lean	•	×	×	×	•
Angus Intercostal	•	×	×	×	•
Flap Meat	•	×	×	×	•
Inside Skirt	•	×	×	×	•
Soy Marinated Inside Skirt	×	×	×	×	•
Wagyu Intercostal	•	×	×	×	•
Chuck Eye Roll	•	×	×	×	•
Angus Inside Skirt	•	×	×	×	•
Short Rib Meat	•	×	×	×	•

	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH		HALAL
Bulgogi Chicken Chicken marinated with garlic soy	×	×	×	×	•
Spicy Chicken Chicken marinated with sweet soy and chilli	X	X	X	X	•

LAMB	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Lamb Cutlet Delicate and tender, robust flavour	>	×	×	×	•
Lamb Shoulder Soft tender part of the lamb	©	×	×	×	•
Lamb Chop Juicy and tender cut of lamb	©	×	×	×	•
Lamb T-Bone Well marbled with a good layer of fat	•	×	×	×	•

PORK	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Spicy Pork Belly Pork belly marinated with sweet soy and chilli	×	×	×	×	×
Soy Pork Shoulder Pork shoulder marinated with garlic soy	×	×	×	×	×
Spicy Pork Pork marinated with sweet soy and chilli	×	×	×	×	×
Pork Belly Juicy, tender and rich flavour	Ø	×	×	×	×
Pork Shoulder Lean with full meat flavour	Ø	×	×	×	×
Pork Jowl Pig's cheek, silky, tender and sweet	②	×	×	×	×
Cheese Kransky Sausage Cheese filled pork sausage	×	×	×	②	×
Wine Pork Belly Juicy, tender and infused with sweet wine	•	×	×	×	X

FRESH SEAFOOD	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Baby Octopus	②	×	②	×	②
Steamed Baby Scallop	②	×	②	×	②
Cooked Tiger Prawn	②	×	②	×	•
Banana Prawn	②	×	•	×	②
Pineapple Squid	②	×	•	×	⊘
Squid Tentacles	•	×	•	×	•
Raw Green Mussel	⊘	×	•	×	•
King Prawn	⊘	×	•	×	•
Steamed Swimmer Crab	•	×	•	×	•
Sea Bass Marinated with salt and pepper	②	X	X	×	•

FRESH VEGETABLES	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Enoki Mushroom	•	×	×	×	•
King Oyster Mushroom	•	×	×	×	•
Onion	•	×	×	×	•
Pumpkin	•	×	×	×	•
Sweet Potato	©	×	×	×	•
Zucchini	•	×	×	×	•
Corn	•	×	×	×	•
Potato	•	×	×	×	•

SIDES & SALADS	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Seaweed Salad Seaweed marinated in vinegar, sesame oil and mirin	X	×	•	×	×
Spicy King Oyster Mushroom Salad Mushroom with mixed vegetables	X	×	×	×	⊘
Chicken Caesar Salad Romaine lettuce tossed in a creamy dressing	•	×	×	•	•
Edamame Salted soybeans	•	×	×	×	•

SIDES & SALADS	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Oden Stir-fried fish cake	×	×	•	×	•
Bean Sprout Salad Seasoned bean sprouts	•	×	×	×	•
Chestnut Jelly Chestnut jelly tossed in spicy sweet soy sauce	×	•	×	×	•
Fresh Kimchi Pickled white korean cabbage	•	×	•	×	•
Cucumber Kimchi Pickled cucumber	•	×	•	×	•
Spring Onion Kimchi Pickled spring onion	•	×	•	×	•
Radish Kimchi Pickled radish	•	×	•	×	•
White Kimchi Mild pickled white korean cabbage	•	×	•	×	•
Squid Salad Squid salad tossed with various vegetables	•	×	©	×	•
Kale Salad Kale mixed with seasonal fruits and fried chickpeas	•	×	×	•	•
Smoked Salmon Salad Smoked salmon with cream cheese and horse raddish sauce	•	×	×	•	•
Corn Cheese Corn with mozarella cheese and mayo	•	×	×	•	•
Onion Salad	•	×	×	×	•
Pickled Garlic	×	×	×	×	×
Braised Lotus Root	×	×	×	×	•

	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Army Stew Traditional Korean spicy sausage stew with instant noodles, baked beans and Spam	×	X	•	X	X
Beef Bulgogi Marinated beef stew	X	×	•	×	X
Seafood Stew Spicy bean paste seafood soup	×	×	•	X	×
Miso Mushroom Assorted mushroom and tofu with miso paste	•	×	×	×	X
Tom Yum Soup Traditional Thai hot and sour soup	•	×	×	×	•
Sukiyaki Soup Authentic Japanese fish soy hot pot soup	•	×	•	×	•
Mushroom Soup Rich mushroom soup for vegetarians	•	×	×	×	•
Ma La Chilli Soup Spicy Sichuan style soup	•	×	×	×	×
Korean Spicy Soup Traditional Korean spicy soup	•	×	×	×	X
Chicken Broth Soup Rich chicken bone flavour soup	•	×	×	×	•

HOT FOOD	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Jajangmyeon Black bean sauce noodles	•	×	×	×	×
Galbi Jjim Korean style braised beef short rib	X	×	×	×	•
Spicy Pork Korean style spicy stir fried pork	X	×	×	×	×

	GLUTEN		CONTAINS		HALAL
Beef Bulgogi	FREE	NUTS	SHELLFISH	DAIRY	
Korean style sweet stir fried beef	X	X	X	×	<u> </u>
Spicy Chicken Korean style spicy stir fried chicken	×	×	×	×	•
Tteokbokki Korean style rice cake	×	×	×	×	•
Pork Mandu Korean style pork dumpling	×	×	×	×	×
Japchae Mandu Korean style sweet potato noodle dumpling	×	×	×	×	•
Kimchi Mandu Korean style kimchi dumpling	×	×	×	×	•
Crispy Hot Dog Korean style pork corn dog	×	×	×	×	×
Vege Jeon Korean style vegetable pancake	×	×	×	×	×
Kimchi Jeon Korean style kimchi pancake	×	×	×	×	×
Vegetable Spring Roll Carrot and cabbage fried spring rolls	×	×	×	×	•
Takoyaki Fried octopus balls	×	×	•	•	•
Vege Croquette Crumbed potato and vegetable patties	×	×	×	×	•
Potato Chips Fried spiral potato chips	•	×	×	×	•
Candy Sweet Potato Caramelized sweet potatoes	•	×	×	×	•
Chicken Nugget Tempura chicken breast nuggets	×	×	×	×	•
Korean Fried Chicken Classic Korean fried chicken	×	×	×	×	•

HOT FOOD	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Spicy Korean Fried Chicken Korean fried chicken with sweet spicy sauce	×	×	×	×	•
Japchae Korean stir fry sweet potato noodles with vegeables	×	×	×	×	•
Chicken Katsu Crumbed chicken cutlet	×	×	×	×	©
Rose Tteokbokki Korean style rice cake	×	×	②	⊘	×
Fried Seaweed Rolls Deep fried glass noodles rolled in seaweed	×	×	×	×	•
Beef Bulgogi Pizza	×	×	×	•	©
Salt & Pepper Tofu Tofu marinated with curry powder, sprinkled with salt & pepper	©	×	×	×	©
Mapo Tofu Tofu with bean sauce	×	×	×	×	×
Yuringgi Chicken drizzled with sweet sour sauce	×	×	©	×	×
Kan Punggi Chicken coated with sweet soy sauce	×	×	×	×	X
Teriyaki Chicken Sweet teriyaki sauce drizzled on fried chicken	•	×	×	×	×
Fried Hokkien Noodles Stir fried Hokkien noodles with vegetables	×	×	×	×	②
Seafood Pasta Cream pasta with assorted seafood	×	×	②	⊘	©
Fried Udon Stir fried soy udon	X	×	②	×	•
Stir Fry Lamb Cumin stir fried lamb with peppers	×	×	×	×	•
Orange Chicken Sweet and tangy ornage sauce with chicken	×	×	×	×	•

	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Oden Soup Korean style fishcake soup	×	×	•	×	•
Onion Ring	×	×	×	×	•
Calamari Ring	×	×	×	×	•
Vege Cake	×	×	×	×	•
Fried Scallops	×	×	×	×	•
Stir Fried Vegetables	©	×	×	×	•
Fried Vegetable Mandu	×	×	×	×	•
Mixed Oden	×	×	×	×	•
Fishcake Skewer Korean deep fried fishcake with radish	×	×	×	×	•
Crab Claw Imitation crab meat deep fried	×	×	×	×	•
Potato Pizza	×	×	×	×	•
Lasagna Pasta layered with sweet tomato base and cheese	©	×	×	•	•
Stir Fried Seafood Stir fried seafood in homemade spicy soy sauce	×	×	•	×	X
Black Pepper Beef Tender beef with spicy black pepper sauce	×	×	×	×	•
Pepperoni Pizza	×	×	×	×	×
Fried Egg Noodles Stir fried egg noodles with pork	×	×	×	×	×

HOT FOOD	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Panko Prawn Prawn coated in beaten egg and Japanese bread crumbs	×	×	×	×	×
Soon Ramen	•	×	×	×	×
Fried Egg Noodles with Vegetables	•	×	×	×	×
Stir Fried Tofu with Bok Choy	©	×	×	×	•
Agedashi Tofu	•	×	×	×	×
Pumpkin Pizza	×	×	×	•	•
Stir Fried Tofu	•	×	×	×	×
Wine Steak	×	×	×	×	×
Chef's Pasta	×	×	×	×	X
Stir Fried Black Bean Lamb	•	×	×	×	•

SUSHI	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Cooked Tuna Roll Cooked tuna with gluten free mayo and assorted vegetables	•	×	•	•	•
Tamago Nigiri Sweet egg omelette on vinegar sushi rice	•	×	×	×	•
Inari Roll Marinated sweet tofu	×	×	×	×	•
Prawn Nigiri Boiled prawn on vinegar sushi rice	•	×	②	×	•
Squid Nigiri Soft and tender squid on vinegar sushi rice	•	×	②	×	•
Avocado and Cucumber Roll Avocado and cucumber with vinegar sushi rice	•	×	×	×	•
Cucumber Roll Cucumber with vinegar sushi rice	•	×	×	×	•
Bulgogi Roll Korean stir fry beef with assorted vegetables	×	×	×	×	•
California Roll Crabstick with fish roe	×	×	②	•	•
Katsu and Cheese Roll Crumbed chicken with cheese	×	×	×	•	•
Crunchy Prawn Roll Tempura prawn with crunchy batter	×	×	②	×	•
Unagi Nigiri Grilled eel with teriyaki sauce	•	×	×	×	×
Ika Nigiri Fresh squid	•	×	②	×	•
Dipping Kimbap	×	×	×	×	•
Cream Cheese Kimbap	•	×	×	•	×
Agedashi Tofu	•	×	•	×	×

NOODLES & SOUP	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Tempura Udon Korean instant udon	×	×	×	×	•
Kimchi Tofu Soup Spicy kimchi soup with tofu	•	×	×	×	×
Beef Radish Soup Mild beef and radish soup	×	×	×	×	•
Seaweed Soup Korean seaweed and beef soup, mild and refreshing	×	×	×	×	•
Jjambbong Spicy assorted seafood soup	•	×	©	×	×
Steamed Rice Steamed fragrant short grain rice	•	×	×	×	•
Shin Ramen Korean instant noodle	×	×	×	×	•
Kimchi Stew Spicy kimchi soup with tofu and pork	×	×	×	×	×
Korean Soy Bean Stew Vegetable stew with Korean soy bean paste	•	×	×	×	X

SAUCES	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH		HALAL
Spring Onion String Fresh sliced spring onion for bbq	•	×	×	×	•
Onion Salad Fresh sliced onion for bbq dip	•	×	×	×	•
Gochujang Korean chilli paste	X	×	×	×	•

SAUCES	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Cos Lettuce Fresh lettuce for bbq wrap	•	×	×	×	⊘
Saamjang Fermented spicy soy bean dipping sauce	×	×	×	×	②
Sweet Spicy Sauce Traditional Korean spicy sauce for seafood	×	×	×	×	②
Sesame Dressing	X	×	×	×	•
Spring Onion Sauce Traditional Korean sliced spring onion salad sauce	×	×	×	×	•
Yakiniku Sauce Japanese BBQ beef dipping sauce	×	×	×	×	×
Onion Salad Sauce Sweet & sour soy sauce for fresh slice onion	×	×	×	×	•
Fresh Chilli	•	×	×	×	•
Fresh Garlic	•	×	×	×	•
Onion with Chilli Pickle Onion and chilli pickled in soy	×	×	×	×	•
Soy Bean Powder Dry and slightly nutty flavor, best with pork	•	•	×	×	•
Soy Sauce	X	×	×	×	•
Sweet Chilli	•	×	×	×	•
Mustard	×	×	×	×	•
Chilli Powder	•	×	×	×	•
Sesame Oil	•	X	X	X	•

SAUCES	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Mayonnaise	•	×	×	X	•
Sweet Soy	×	×	×	×	⊘
Smoky BBQ Sauce	•	X	×	X	©
Tomato Sauce	•	X	X	X	X

HOT POT ITEMS	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Bean Curd	•	X	×	X	•
Bean Sprouts	•	X	X	X	•
Bok Choy	•	X	×	X	•
Cheese Rice Cake	×	X	X	Ø	×
Chikuwa	×	×	•	X	•
Crab Nugget	×	×	②	X	•
Crispy Sausage	×	X	×	X	X
Crown Daisy	•	X	×	X	•
Deep-fried Tofu	×	×	×	X	•
Deep-fried Mandu	×	×	×	X	•
Egg Noodles	×	×	×	×	•

HOT POT ITEMS	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Fish Ball	•	X	•	×	X
Fish Sausage	•	X	•	×	X
Instant Noodles	•	X	×	×	•
Knife Cut Noodles	•	X	×	×	•
Korean Fish Cake	•	X	•	×	X
Lobster Ball	•	X	•	×	X
Mochi Nugget	•	X	×	×	•
Mung Bean Vermicelli	•	X	×	×	•
Potato	•	X	×	×	•
Quail Egg	•	X	×	×	•
Rice Cake Slices	×	X	×	×	•
Rice Noodles	•	X	×	×	•
Sea Urchin Ball	•	X	②	×	X
Shin Ramen	×	×	×	×	•
Spam	•	×	×	×	×
Spinach	•	×	×	×	•
Spinach Noodles	•	×	×	X	•

HOT POT ITEMS	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Sweet Potato Noodles (flat)	•	×	X	X	•
Sweet Potato Vermicelli	•	×	×	X	•
Tofu	•	×	X	X	♥
Tofu Fish Cake	•	×	•	×	×
Udon	•	×	X	×	•
White Radish	•	×	X	×	•
Wombok	•	X	X	X	•

DESSERT CANAPÉS	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Chocolate Mousse	×	×	×	•	•
Crème Brûlée Silky and creamy creme with sweet caramelized sugar	•	×	X	•	•
Almond Pudding	•	•	×	•	•
Mango Mousse	•	×	×	•	•
Strawberry Mousse	×	×	×	•	•
Berry Mousse	•	×	×	•	•
Lemon Mousse	•	X	X	•	X

ICE CREAM	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Chocolate	V	X	X	•	•
Vanilla	•	×	×	•	•
Pistachio	•	•	×	•	•
Coffee	•	×	×	•	•
Mango	•	×	×	•	•
Choc Mint	•	×	×	•	•
Rum & Raisin	•	×	×	•	•
Strawberry	•	×	×	•	•
Boysenberry	•	×	×	•	•
Mango Sorbet	•	×	×	×	•
Melon	•	×	×	×	•

CAKES	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Citrus Sponge Cheesecake Light sponge topped with silky cheesecake, decorated with a fruity citrus jelly topping	×	X	X	X	•
Red Velvet Cheesecake Luxurious red velvet base layered with creamy cold set cheese cake and red velvet crumble	•	X	X	•	•
Lemon Passionfruit Cheesecake A lemon baked cheesecake covered with passionfruit on a gluten free biscuit base	•	X	X	•	⊘

CAKES	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Lamington Sponge cake with chocolate, raspberry and desiccated coconut	•	×	×	•	•
Mini Assorted Muffins Blueberry, chocolate, orange and poppy seed	•	×	×	•	•
Tiramisu Layers of light sponge and tiramisu cream filling infused with coffee and dusted with coofee and dusted with cocoa	•	×	X	•	X
Sweet Rice Puff Homemade rice puff coated with malt sugar, sesame seeds and cranberries	×	×	X	X	•
Apple Crumble	×	X	X	X	•
Cheesecake	×	×	X	•	•
Warabimochi (Original & Brown Sugar) A chewy jelly-like mochi dusted with soy bean or matcha powder	•	×	×	×	•
Sticky Date Cake Sweetened with dates and brown sugar	×	×	×	×	×
Banana Cake	×	•	X	•	×
Mango Cake	×	×	X	•	×
Mixed Berry Cheesecake	X	X	X	•	X
Orange Jelly	•	×	×	×	×
Green Tea Tiramisu	×	×	X	•	×
Red Velvet Cake Red velvet cake with cream cheese frosting	•	×	×	•	×
Black Forest Cake	×	×	X	•	×

PASTRY	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Mini Vanilla Crown	×	•	×	•	×
Mini Cinnamon Roll	×	×	X	•	×
Mini Raspberry Crown	×	•	×	•	×
Mini Apple Coronet	×	X	X	X	X
Mini Maple Pecan Plait	×	•	X	•	×
Mini Danish	×	•	X	•	×
Croissant	×	×	X	•	×
TOPPINGS	GLUTEN FREE	CONTAINS NUTS	CONTAINS SHELLFISH	CONTAINS DAIRY	HALAL
Mango Popping Balls	②	X	X	X	×
Strawberry Popping Balls	②	×	×	×	×
Brown Sugar Jelly	②	×	X	×	×
Lychee	②	×	×	×	×
Peeled Grapes	②	×	×	×	×
Red Beans	②	×	X	×	×

Chocolate Sprinkles

Rainbow Sprinkles

 \times \times \checkmark

XX

